

# Psalm 34 (Abbey)

Thomas Sternhold, 1547  
86. 86. (C. M.)

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*The Whole Booke of Psalmes*, 1621.

F Major  
Scottish Psalter, 1615  
Harmonized by Thomas Ravenscroft, 1621

Cantus

1. I will give laud and honor both Unto the Lord always: And eke my mouth for ever more Shall speak unto his praise.  
2. I do delight to laud the Lord In soul and eke in voice: That humble men and mortified May hear and so rejoice.

Medius

3. Therefore see that ye magnify With me the living Lord: And let us now exalt his name, Together with accord.  
4. For I myself besought the Lord, He answered me again: And me delivered incontinent From all my fear and pain.

Tenor

8 5. Who so they be that him behold, Shall see his light most clear: Their countenance shall not be dashed, They need it not to fear.  
6. This silly soul for some relief, Unto the Lord did call: Who did him hear without delay, And rid him out of thrall.

Bassus

7. The angel of the Lord doth pitch  
his tents in every place:  
To save all such as fear the Lord,  
That nothing them deface.

13. Turn back thy face from doing ill,  
And do the Godly deed :  
Enquire for peace and quietness,  
And follow it with speed.

19. The Lord doth so preserve and keep  
His very bones alway :  
That not so much as one of them,  
Doth perish or decay.

8. Taste and consider well therefore  
That God is good and just:  
O happy man that maketh him,  
His only stay and trust.

14. For why? the eyes of God above,  
Upon the just are bent  
His ears likewise doth hear the plaint  
Of the poor innocent.

20. The sin shall slay the wicked man,  
Which he himself hath wrought  
And such as hate the righteous man  
Shall soon be brought to naught.

9. Fear ye the Lord ye holy ones,  
Above all earthly thing:  
For they that fear the living Lord,  
Are sure to lack nothing.

15. But he doth frown and bend his  
Upon the wicked train | brows  
And cuts away the memory,  
That should of them remain.

21. But they that serve the living Lord,  
The Lord doth save them sound :  
And who that put their trust in him,  
Nothing shall them confound.

10. The lions shall be hungerbit,  
and pined with famine much:  
But as for them that fear the Lord,  
No lack shall be to such.

16. But when the just do call and cry,  
The Lord doth hear them so  
That out of pain and misery,  
Forthwith he lets them go.

11. Come near therefore my children  
And to my words give ear: | dear  
I shall you teach the perfect way,  
How you the Lord shall fear.

17. The Lord is kind and merciful  
To such as be contrite  
He saves also the sorrowful.  
The meek, and poor in in spirit.

12. Who is the man that would live  
And lead a blessed life: | long  
See thou refrain thy tongue and lips  
From all deceit and strife.

18. Full many be the miseries,  
That righteous men do suffer  
But out of all adversities.  
The Lord will them deliver.